



Home Grown Health

An exhibition exploring the ways and means of improving your health through 'growing your own', alternative therapies and exercise.

You are personally invited to attend this exclusive and dedicated exhibition, showcasing all Birmingham has to offer in organic and alternative lifestyles and health, 'growing your own' and much more.

Tuesday 4th May 2010, 5pm until 8pm

The Studio, Cannon Street, Birmingham, B2 5EP

If you require more information, or would like to exhibit at Home Grown Health please contact Katie Moran (katie.moran@hotmail.com or 07883338750)

facebook

where we are...

From Birmingham New Street Station/Pallasades Shopping Centre

From the main station concourse go up the escalator into the Pallasades Shopping centre. Turn left and follow the signs for New Street. On leaving the Pallasades proceed down a ramp, at the bottom turn left onto New Street crossing the road immediately in front of the glass tourist information centre. Cannon Street is the first street on your right hand side and thestudio is situated on the right after approximately 100 yards.

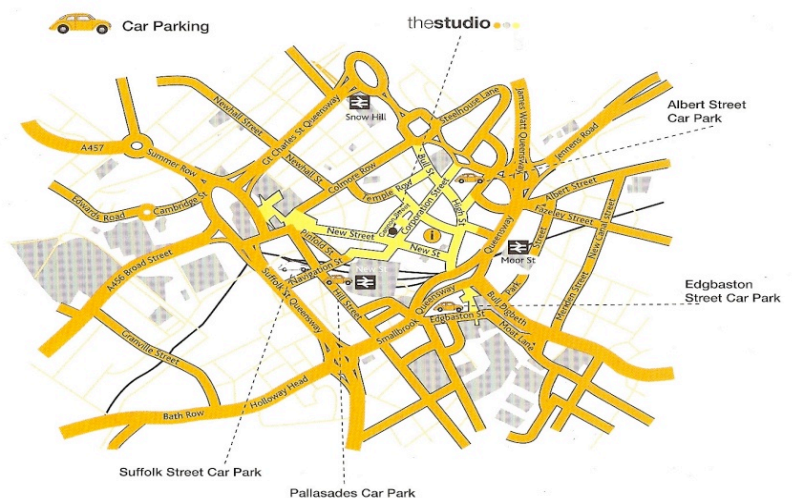
From New Street Station/Navigation Street exit

From the second station exit at Navigation Street turn right and cross over into Lower Temple Street, next turn right into New Street. Cannon Street is the first street on your left hand side after Needless Alley. thestudio is situated on the right after approximately 100 yards.

Parking

There are several NCP car parks within walking distance of thestudio. The nearest is Pallasades, just two minutes walk away, next to New Street Station. It is approached from Hill Street and the postcode of this NCP car park for satnav is B5 4DQ. We suggest you exit via the Pallasades shopping centre following the instructions above.

For directions into Birmingham from the motorway network call us on 0800 079 0909



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